



McDonald's USA Nutrition Facts for McCafe Coffees

We provide a nutrition analysis of our menu items to help you balance your McDonald's meal with other foods you eat. Our goal is to provide you with the information you need to make sensible decisions about balance, variety and moderation in your diet.

Nutrition Facts	Serving Size	Calories	Calories from Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	% DAILY VALUE			
																			Vitamin A	Vitamin C	Calcium	Iron
McCafe Coffees - Nonfat Milk																						
Nonfat Cappuccino (Small)§	12 fl oz cup	60	0	0	0	0	0	0	5	1	85	4	9	3	0	0	9	6	8	0	25	0
Nonfat Cappuccino (Medium)§	16 fl oz cup	80	0	0	0	0	0	0	5	2	110	5	12	4	0	0	12	8	10	0	30	2
Nonfat Cappuccino (Large)§	20 fl oz cup	90	0	0	0	0	0	0	5	2	130	5	13	4	0	0	13	9	10	0	35	2
Nonfat Latte (Small)§	12 fl oz cup	90	0	0	0	0	0	0	5	2	115	5	13	4	0	0	13	9	10	0	30	0
Nonfat Latte (Medium)§	16 fl oz cup	110	0	0	0	0	0	0	5	2	140	6	15	5	0	0	15	10	10	0	40	2
Nonfat Latte (Large)§	20 fl oz cup	120	0	0	0	0	0	0	5	2	160	7	18	6	0	0	18	12	15	0	45	2
Nonfat Caramel Cappuccino (Small)§	12 fl oz cup	150	0	0	0	0	0	0	5	1	120	5	33	11	0	0	32	5	6	0	20	0
Nonfat Caramel Cappuccino (Medium)§	16 fl oz cup	190	0	0	0	0	0	0	5	1	150	6	41	14	0	0	41	6	8	0	25	2
Nonfat Caramel Cappuccino (Large)§	20 fl oz cup	230	0	0	0	0	0	0	5	1	180	8	49	16	0	0	49	7	8	0	25	2
Nonfat Caramel Latte (Small)§	12 fl oz cup	170	0	0	0	0	0	0	5	1	150	6	36	12	0	0	36	7	8	0	25	0
Nonfat Caramel Latte (Medium)§	16 fl oz cup	220	0	0	0	0	0	0	5	2	180	8	45	15	0	0	45	9	10	0	30	2
Nonfat Caramel Latte (Large)§	20 fl oz cup	260	0	0	0	0	0	0	5	2	220	9	53	18	0	0	53	10	10	0	35	2
Nonfat Hazelnut Cappuccino (Small)§	12 fl oz cup	150	0	0	0	0	0	0	5	1	70	3	34	11	0	0	34	5	8	0	20	0
Nonfat Hazelnut Cappuccino (Medium)§	16 fl oz cup	190	0	0	0	0	0	0	5	1	90	4	43	14	0	0	43	6	10	0	25	2
Nonfat Hazelnut Cappuccino (Large)§	20 fl oz cup	230	0	0	0	0	0	0	5	1	100	4	51	17	0	0	51	7	10	0	25	2
Nonfat Hazelnut Latte (Small)§	12 fl oz cup	180	0	0	0	0	0	0	5	1	95	4	37	12	0	0	37	7	10	0	25	0
Nonfat Hazelnut Latte (Medium)§	16 fl oz cup	220	0	0	0	0	0	0	5	2	115	5	46	15	0	0	46	9	15	0	30	2

Nonfat Hazelnut Latte (Large)§	20 fl oz cup	260	0	0	0	0	0	0	5	2	135	6	55	18	0	0	55	10	15	0	35	2
Nonfat Vanilla Cappuccino (Small)§	12 fl oz cup	150	0	0	0	0	0	0	5	1	70	3	34	11	0	0	34	5	6	0	20	0
Nonfat Vanilla Cappuccino (Medium)§	16 fl oz cup	190	0	0	0	0	0	0	5	1	90	4	42	14	0	0	42	6	8	0	25	2
Nonfat Vanilla Cappuccino (Large)§	20 fl oz cup	230	0	0	0	0	0	0	5	1	100	4	51	17	0	0	51	7	8	0	25	2
Nonfat Vanilla Latte (Small)§	12 fl oz cup	180	0	0	0	0	0	0	5	1	95	4	37	12	0	0	37	7	8	0	25	0
Nonfat Vanilla Latte (Medium)§	16 fl oz cup	220	0	0	0	0	0	0	5	2	115	5	46	15	0	0	46	9	10	0	30	2
Nonfat Vanilla Latte (Large)§	20 fl oz cup	260	0	0	0	0	0	0	5	2	135	6	55	18	0	0	55	10	10	0	35	2
Nonfat Cappuccino with Sugar Free Vanilla Syrup (Small)§	12 fl oz cup	50	0	0	0	0	0	0	5	1	100	4	15	5	0	0	8	5	6	0	20	2
Nonfat Cappuccino with Sugar Free Vanilla Syrup (Medium)§	16 fl oz cup	70	0	0	0	0	0	0	5	1	130	5	19	6	0	0	10	7	8	0	25	2
Nonfat Cappuccino with Sugar Free Vanilla Syrup (Large)§	20 fl oz cup	80	0	0	0	0	0	0	5	1	150	6	22	7	0	0	11	8	8	0	25	2
Nonfat Latte with Sugar Free Vanilla Syrup (Small)§	12 fl oz cup	80	0	0	0	0	0	0	5	1	130	5	18	6	0	0	11	7	8	0	25	2
Nonfat Latte with Sugar Free Vanilla Syrup (Medium)§	16 fl oz cup	90	0	0	0	0	0	0	5	2	160	7	22	7	0	0	13	9	10	0	35	2
Nonfat Latte with Sugar Free Vanilla Syrup (Large)§	20 fl oz cup	110	0	0	0	0	0	0	5	2	190	8	27	9	0	0	15	11	15	0	40	2
Mocha with Nonfat Milk (Small)§	12 fl oz cup	240	45	5	8	3	16	0	5	2	130	5	41	14	0	0	34	7	8	0	25	4
Mocha with Nonfat Milk (Medium)§	16 fl oz cup	280	50	6	9	3.5	17	0	10	3	160	6	50	17	0	0	42	8	10	0	25	4
Mocha with Nonfat Milk (Large)§	20 fl oz cup	330	50	6	9	3.5	18	0	10	3	190	8	58	19	0	0	50	10	10	0	30	6
Hot Chocolate with Nonfat Milk (Small)§	12 fl oz cup	250	45	5	8	3	16	0	10	3	140	6	43	14	0	0	37	8	10	0	30	4
Hot Chocolate with Nonfat Milk (Medium)§	16 fl oz cup	310	50	6	9	3.5	17	0	10	3	190	8	55	18	0	0	47	11	15	0	40	4
Hot Chocolate with Nonfat Milk (Large)§	20 fl oz cup	390	50	6	9	3.5	18	0	10	4	250	11	68	23	0	0	59	16	20	0	60	4

Iced Nonfat Latte (Small)§	12 fl oz cup	50	0	0	0	0	0	0	5	1	70	3	7	2	0	0	7	5	6	0	15	0
Iced Nonfat Latte (Medium)§	16 fl oz cup	60	0	0	0	0	0	0	5	1	90	4	9	3	0	0	9	6	8	0	20	2
Iced Nonfat Latte (Large)§	22 fl oz cup	70	0	0	0	0	0	0	5	1	105	4	11	4	0	0	11	7	8	0	25	2
Iced Nonfat Caramel Latte (Small)§	12 fl oz cup	140	0	0	0	0	0	0	0	0	105	4	30	10	0	0	30	3	4	0	10	0
Iced Nonfat Caramel Latte (Medium)§	16 fl oz cup	150	0	0	0	0	0	0	5	1	120	5	32	11	0	0	32	5	6	0	15	2
Iced Nonfat Caramel Latte (Large)§	22 fl oz cup	190	0	0	0	0	0	0	5	1	150	6	40	13	0	0	40	6	6	0	20	2
Iced Nonfat Hazelnut Latte (Small)§	12 fl oz cup	140	0	0	0	0	0	0	0	0	50	2	32	11	0	0	32	3	6	0	10	0
Iced Nonfat Hazelnut Latte (Medium)§	16 fl oz cup	150	0	0	0	0	0	0	5	1	70	3	33	11	0	0	33	5	8	0	15	2
Iced Nonfat Hazelnut Latte (Large)§	22 fl oz cup	190	0	0	0	0	0	0	5	1	80	3	42	14	0	0	42	6	10	0	20	2
Iced Nonfat Vanilla Latte (Small)§	12 fl oz cup	140	0	0	0	0	0	0	0	0	50	2	31	10	0	0	31	3	4	0	10	0
Iced Nonfat Vanilla Latte (Medium)§	16 fl oz cup	150	0	0	0	0	0	0	5	1	70	3	33	11	0	0	33	5	6	0	15	2
Iced Nonfat Vanilla Latte (Large)§	22 fl oz cup	190	0	0	0	0	0	0	5	1	85	3	41	14	0	0	41	6	6	0	20	2
Iced Nonfat Latte with Sugar Free Vanilla Syrup (Small)§	12 fl oz cup	40	0	0	0	0	0	0	0	0	85	4	13	4	0	0	5	4	4	0	15	2
Iced Nonfat Latte with Sugar Free Vanilla Syrup (Medium)§	16 fl oz cup	50	0	0	0	0	0	0	5	1	100	4	14	5	0	0	6	5	6	0	15	2
Iced Nonfat Latte with Sugar Free Vanilla Syrup (Large)§	22 fl oz cup	60	0	0	0	0	0	0	5	1	130	5	19	6	0	0	8	6	6	0	20	2
Iced Mocha with Nonfat Milk (Medium)§	16 fl oz cup	270	70	8	12	4.5	24	0	10	3	140	6	43	14	0	0	35	7	10	0	25	4
Nutrition Facts	Serving Size	Calories	Calories from Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	% DAILY VALUE			
																			Vitamin A	Vitamin C	Calcium	Iron
McCafe Coffees - Whole Milk																						
Cappuccino (Small)§	12 fl oz cup	120	60	7	10	4	19	0	20	7	85	4	9	3	0	0	9	6	4	0	25	0
Cappuccino (Medium)§	16 fl oz cup	140	70	8	12	4.5	23	0	25	8	105	4	11	4	0	0	11	8	4	0	25	2

Cappuccino (Large)§	20 fl oz cup	180	90	10	15	6	28	0	30	10	130	5	13	4	0	0	13	9	6	0	35	2
Latte (Small) §	12 fl oz cup	150	70	8	13	4.5	24	0	25	8	105	4	11	4	0	0	11	8	6	0	30	0
Latte (Medium)§	16 fl oz cup	180	90	10	15	6	28	0	30	10	130	5	13	4	0	0	13	10	6	0	35	2
Latte (Large)§	20 fl oz cup	210	100	11	18	7	33	0	35	12	150	6	16	5	0	0	16	11	8	0	40	2
Caramel Cappuccino (Small)§	12 fl oz cup	200	45	5	8	3	15	0	15	5	125	5	32	11	0	0	32	5	4	0	20	0
Caramel Cappuccino (Medium)§	16 fl oz cup	240	50	6	9	3.5	18	0	20	6	150	6	41	14	0	0	40	6	4	0	20	2
Caramel Cappuccino (Large)§	20 fl oz cup	290	70	8	12	4.5	22	0	25	8	190	8	49	16	0	0	49	8	4	0	25	2
Caramel Latte (Small)§	12 fl oz cup	230	60	7	10	4	20	0	20	7	140	6	35	12	0	0	35	7	4	0	25	0
Caramel Latte (Medium)§	16 fl oz cup	280	70	8	12	4.5	23	0	25	8	170	7	43	14	0	0	43	8	4	0	30	2
Caramel Latte (Large)§	20 fl oz cup	330	80	9	15	5	27	0	30	10	210	9	52	17	0	0	51	9	6	0	35	2
Hazelnut Cappuccino (Small)§	12 fl oz cup	200	45	5	8	3	15	0	15	5	70	3	34	11	0	0	34	5	6	0	20	0
Hazelnut Cappuccino (Medium)§	16 fl oz cup	240	50	6	9	3.5	18	0	20	6	85	4	42	14	0	0	42	6	6	0	20	2
Hazelnut Cappuccino (Large)§	20 fl oz cup	290	70	8	12	4.5	22	0	25	8	105	4	51	17	0	0	51	7	8	0	25	2
Hazelnut Latte (Small)§	12 fl oz cup	230	60	7	10	4	20	0	20	7	90	4	36	12	0	0	36	7	6	0	25	0
Hazelnut Latte (Medium)§	16 fl oz cup	280	70	8	12	4.5	23	0	25	8	110	5	45	15	0	0	45	8	8	0	30	2
Hazelnut Latte (Large)§	20 fl oz cup	330	80	9	14	5	27	0	30	9	130	5	53	18	0	0	53	9	10	0	30	2
Vanilla Cappuccino (Small)§	12 fl oz cup	200	45	5	8	3	15	0	15	5	70	3	34	11	0	0	34	5	4	0	20	0
Vanilla Cappuccino (Medium)§	16 fl oz cup	240	50	6	9	3.5	18	0	20	6	85	4	42	14	0	0	42	6	4	0	20	2
Vanilla Cappuccino (Large)§	20 fl oz cup	290	70	8	12	4.5	22	0	25	8	105	4	51	17	0	0	51	7	4	0	25	2
Vanilla Latte (Small)§	12 fl oz cup	230	60	7	10	4	20	0	20	7	90	4	36	12	0	0	36	7	4	0	25	0
Vanilla Latte (Medium)§	16 fl oz cup	280	70	8	12	4.5	23	0	25	8	110	5	44	15	0	0	44	8	4	0	30	2
Vanilla Latte (Large)§	20 fl oz cup	330	80	9	14	5	27	0	30	9	130	5	53	18	0	0	53	9	6	0	30	2
Cappuccino with Sugar Free Vanilla Syrup (Small)§	12 fl oz cup	100	50	5	8	3	16	0	15	5	105	4	15	5	0	0	7	5	4	0	20	2

Cappuccino with Sugar Free Vanilla Syrup (Medium)§	16 fl oz cup	120	60	6	10	3.5	19	0	20	6	130	5	18	6	0	0	9	6	4	0	20	2
Cappuccino with Sugar Free Vanilla Syrup (Large)§	20 fl oz cup	150	70	8	12	4.5	23	0	25	8	160	7	22	7	0	0	11	8	4	0	25	2
Latte with Sugar Free Vanilla Syrup (Small)§	12 fl oz cup	130	60	7	11	4	20	0	20	7	125	5	17	6	0	0	10	7	4	0	25	2
Latte with Sugar Free Vanilla Syrup (Medium)§	16 fl oz cup	160	70	8	13	5	24	0	25	8	150	6	21	7	0	0	11	8	6	0	30	2
Latte with Sugar Free Vanilla Syrup (Large)§	20 fl oz cup	180	90	10	15	6	28	0	30	10	180	7	25	8	0	0	13	10	6	0	35	2
Mocha (Small)§	12 fl oz cup	280	100	11	16	6	32	0	20	7	125	5	40	13	0	0	33	6	4	0	20	4
Mocha (Medium)§	16 fl oz cup	330	110	12	18	7	35	0	25	8	150	6	48	16	0	0	41	7	6	0	25	4
Mocha (Large)§	20 fl oz cup	400	130	14	22	8	42	0.5	30	10	190	8	58	19	0	0	49	10	6	0	30	6
Hot Chocolate (Small)§	12 fl oz cup	300	110	12	18	7	35	0	25	8	135	6	41	14	0	0	35	8	6	0	25	4
Hot Chocolate (Medium)§	16 fl oz cup	380	130	15	23	9	43	0.5	30	11	170	7	53	18	0	0	45	10	8	0	35	4
Hot Chocolate (Large)§	20 fl oz cup	460	160	18	27	10	52	0.5	40	14	220	9	63	21	0	0	54	13	8	0	45	4
Iced Latte (Small)§	12 fl oz cup	80	40	4.5	7	2.5	13	0	15	4	65	3	6	2	0	0	6	4	2	0	15	0
Iced Latte (Medium)§	16 fl oz cup	100	50	6	9	3.5	16	0	15	6	80	3	8	3	0	0	8	6	4	0	20	2
Iced Latte (Large)§	22 fl oz cup	140	70	8	12	4.5	22	0	25	8	105	4	10	3	0	0	10	7	4	0	25	2
Iced Caramel Latte (Small)§	12 fl oz cup	160	25	3	5	1.5	9	0	10	3	100	4	29	10	0	0	29	3	2	0	10	0
Iced Caramel Latte (Medium)§	16 fl oz cup	180	40	4.5	7	2.5	13	0	15	4	120	5	31	10	0	0	31	4	2	0	15	2
Iced Caramel Latte (Large)§	22 fl oz cup	230	50	6	9	3.5	17	0	15	6	150	6	40	13	0	0	40	6	4	0	20	2
Iced Hazelnut Latte (Small)§	12 fl oz cup	160	25	3	5	1.5	9	0	10	3	45	2	31	10	0	0	31	3	4	0	10	0
Iced Hazelnut Latte (Medium)§	16 fl oz cup	180	40	4.5	7	2.5	13	0	15	4	65	3	33	11	0	0	33	4	6	0	15	2
Iced Hazelnut Latte (Large)§	22 fl oz cup	230	50	6	9	3.5	17	0	15	6	85	4	41	14	0	0	41	6	6	0	20	2
Iced Vanilla Latte (Small)§	12 fl oz cup	160	25	3	5	1.5	9	0	10	3	45	2	31	10	0	0	31	3	2	0	10	0
Iced Vanilla Latte (Medium)§	16 fl oz cup	190	40	4.5	7	2.5	14	0	15	5	70	3	33	11	0	0	33	5	2	0	15	2
Iced Vanilla Latte (Large)§	22 fl oz cup	230	50	6	9	3.5	17	0	15	6	85	4	41	14	0	0	41	6	4	0	20	2
Iced Latte with Sugar Free Vanilla Syrup (Small)§	12 fl oz cup	60	30	3	5	2	9	0	10	3	80	3	12	4	0	0	4	3	2	0	10	2

Iced Latte with Sugar Free Vanilla Syrup (Medium)§	16 fl oz cup	90	40	5	7	3	14	0	15	5	105	4	14	5	0	0	6	5	2	0	15	2
Iced Latte with Sugar Free Vanilla Syrup (Large)§	22 fl oz cup	110	50	6	9	3.5	17	0	15	6	130	5	19	6	0	0	8	6	4	0	20	2
Iced Mocha (Medium)§	16 fl oz cup	310	120	13	20	8	39	0	25	8	140	6	42	14	0	0	35	7	6	0	20	4
Nutrition Facts	Serving Size	Calories	Calories from Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	% DAILY VALUE			
																			Vitamin A	Vitamin C	Calcium	Iron

McCafe Frappes

Frappe Caramel (Small)	12 fl oz cup	450	180	20	31	13	64	1	55	18	135	6	61	20	0	0	57	6	15	0	20	2
Frappe Caramel (Medium)	16 fl oz cup	550	220	24	37	15	76	1	70	23	160	7	76	25	0	0	71	8	15	0	25	2
Frappe Caramel (Large)	22 fl oz cup	680	260	29	44	18	91	1.5	85	28	200	8	94	31	0	0	88	10	20	0	35	2
Frappe Mocha (Small)	12 fl oz cup	450	180	20	30	13	64	1	55	18	130	5	62	21	1	3	56	7	15	0	20	4
Frappe Mocha (Medium)	16 fl oz cup	560	210	24	36	15	76	1	65	22	160	7	78	26	1	4	70	8	15	0	25	4
Frappe Mocha (Large)	22 fl oz cup	680	250	28	43	18	90	1	80	27	200	8	96	32	1	4	87	10	20	0	35	4
Nutrition Facts	Serving Size	Calories	Calories from Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	% DAILY VALUE			
																			Vitamin A	Vitamin C	Calcium	Iron

McCafe Smoothies

Strawberry Banana Smoothie (Small)	12 fl oz cup (347 g)	210	5	0.5	1	0	0	0	5	1	35	1	49	16	2	10	44	2	2	70	8	6
Strawberry Banana Smoothie (Medium)	16 fl oz cup (428 g)	260	5	1	1	0	0	0	5	1	40	2	60	20	3	12	54	2	2	90	8	8
Strawberry Banana Smoothie (Large)	22 fl oz cup (541 g)	330	10	1	2	0.5	3	0	5	2	55	2	77	26	4	15	70	3	2	110	10	10
Wild Berry Smoothie (Small)	12 fl oz cup (348 g)	210	5	0.5	1	0	0	0	5	1	30	1	48	16	3	11	44	2	2	80	8	6
Wild Berry Smoothie (Medium)	16 fl oz cup (434 g)	260	5	1	1	0	0	0	5	1	35	2	60	20	4	14	55	3	2	100	10	8
Wild Berry Smoothie (Large)	22 fl oz cup (544 g)	320	10	1	1	0.5	3	0	5	1	45	2	75	25	4	18	69	3	4	120	10	10

Note: Nutrient contributions from individual components may not equal the total due to federal rounding regulations. Percent Daily Values (DV) and RDIs are based on unrounded values.

This list is effective 08-30-2010.

* Contains less than 2% of the Daily Value of these nutrients

† Available at participating McDonald's

+ Based on the weight before cooking 4 oz. (113.4g)

++ Based on the weight before cooking 8 oz. (226.8g)

§ The values represent the sodium derived from ingredients plus water. Sodium content of the water is based on the value listed for municipal water in the USDA National Nutrient Database. The actual amount of sodium may be higher or lower depending upon the sodium content of the water where the beverage is dispensed.

» Made with low fat yogurt

** Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

The nutrition information on this website is derived from testing conducted in accredited laboratories, published resources, or from information provided from McDonald's suppliers. The nutrition information is based on standard product formulations and serving sizes. All nutrition information is based on average values for ingredients from McDonald's suppliers throughout the U.S. and is rounded to meet current US FDA NLEA guidelines. Variation in serving sizes, preparation techniques, product testing and sources of supply, as well as regional and seasonal differences may affect the nutrition values for each product. In addition, product formulations change periodically. You should expect some variation in the nutrient content of the products purchased in our restaurants. None of our products is certified as vegetarian. This information is correct as of January 2007, unless stated otherwise.

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